KEYS TO FINANCIAL HEALTH

Savings

Family Savings Goal Worksheet

Small change adds up to big dreams. One way to actively reinforce the habit of saving is to involve your children in the family's saving and budgeting. Get every member involved in the discussion and decision-making process, and write down your goal.

Goal:			Amount Need	Amount Needed:	
Target Date:					
	Cost-cutting Measures (coupons, etc.)	Family Mem Donations (spare chang	Savings	Actual Amount Saved	
Week/Month 1		+	=		
Week/Month 2		+	=		
Week/Month 3		+	=		
Week/Month 4		+	=		
Week/Month 5		+	=		
Week/Month 6		+	=		
Week/Month 7		+	=		
Week/Month 8		+	=		
	Add Weekly Ant Savings Totals to Estimated Savi	o determine	\$	_	
		Add Weekly Grand Total	Amounts Saved for Savings	\$	

Have you met your savings goal in the "Anticipated Savings" column? If yes, congratulations! If no, consider ways to expand your cost-cutting measures and/or increase family member donations. Then re-enter the new figures in the appropriate spaces above. Good luck with your family savings goal!